

Regional Local Advisory Committee (LAC) Meeting Minutes

Thursday, October 16th 6-7:30pm

This meeting was held hybrid.

Attendees:

In-person:

Heather Stanley, Crisis Line and Referral
Pam Allord, Consumer Representative Morrison County
Carrie Czech, Consumer Representative Morrison County
Denise Rathey, Wellness in the Woods
Kathy Hallbeck, Consumer Representative Crow Wing County
Janet Karnes, Consumer Representative Todd County
Danielle Wadsworth, Region V+ AMHI

Virtual:

Deanna Burke, Consumer Representative Cass County
Cynthia Johnson, Cass County

Updates:

Wellness in the Woods: Annual conference went really well.

Crisis Line and Referral: Transitioning to Northern Pines effective January 1st, Number remaining the same. Will be relocated to Urgent Care Clinic in Brainerd, MN.

Morrison County Drop-in Center: Helping Hands providing meals every other Tuesday.

Morrison County LAC: Meeting cadence is switching to monthly

Cass County LAC: Acquired Board approval for the LAC. Next meeting taking place in November at the Senior Center in Backus, MN.

Todd County LAC: Event taking place Tuesday, November 18th in Staples, MN. Will have speaker, dinner, and games.

New business:

- State LAC: Updating Guidebook
- AMHI:
 - Mental Health Resource Guides have been requested and ordered
 - Up to \$2,000.00 has been allocated to each County LAC to allow for a \$55.00 meeting stipend and IRS mileage reimbursement for attendees that wish to request those.
 - Transportation solution implemented as a pilot project in Cass County.
 - Region V+ AMHI approved providing a Certified Peer Specialist Training in 2026. No further details at this time. Email Danielle Wadsworth if you would like to be added to the waiting list.
- NAMI:
 - Focusing on rural MN
 - If interested in attending, email Arlene Selander for meeting details
- Officer Nominations:
 - Janet Karnes has been nominated for Chair
 - Denise Rathey has been nominated for Vice-chair

- Voting will take place in November

Standing business:

- Regional LAC workgroup reports:
 - Conflict Resolution Policy
 - Succession Planning
 - Google drive has been approved to use
 - Waiting on url for updated website to establish emails to build out platform
 - Increase **consumer voice** including from diverse communities
 - Allowing funds to be used to uplift LAC end-of-year events
 - Rebuild relationships with the **County Board of Commissioners**

Adjourn: Denise Rathey made a motion adjourn the meeting. Carrie Czech second the motion. All in favor. None opposed. Meeting adjourned.