

# Regional Local Advisory Committee (LAC) Meeting Minutes

Thursday, August 21<sup>st</sup>, 2025

6:00-7:30pm

This meeting was held hybrid.

## **Convene: 6:05pm**

### ***Introductions and organizational updates***

#### *In-person*

Kathy Hallbeck, Crow Wing County LAC

Denise Rathey, Crow Wing County LAC

Janet Karnes, Todd County LAC

Heather Clements Stanley, Crisis Line and Referral Service

Brad Vold, Blue Cross Blue Shield-Blue Plus

Danielle Wadsworth, Region V+ AMHI

#### *Virtual*

Deanna Burke, Cass County LAC

Jason Burkle, Nystrom and Associates

Rachel Zetah, Crow Wing County

Katie Brennan, Community Member

### ***Minutes of 7/17/25 Regional LAC Meeting:***

Denise Rathey made a motion to approve the July 17<sup>th</sup> Regional LAC meeting minutes. Heather Clements Stanley second the motion. All in favor, none opposed. No further discussion. Motion carried.

### ***Public Comments:***

- Brainstorming ideas to partner with agencies to bring awareness of Akathisia.
- Regional LAC Workshop: see attached flyer
- NAMI Conference: November 1<sup>st</sup> 9am-5pm
- Bridgemakers: Mental Health Strategic Plan has broken into 6 areas of focus.
- Lutheran Social Service of MN: Grant for Crisis Nursery- daycare provided up to 72 hours
- Wellness in the Woods Annual Conference: See attached flyer
- Lighthouse Beginnings: Transition beds for individuals experiencing SUD (Substance Use Disorder) or CH (Chemical Health) challenges.
- Agricultural Mental Health & Wellness: [Agricultural Services | Acquire Mental Health Clinic](#)

### ***New business:***

- Zoom Account setup:  
Each County LAC is offered a Zoom Account. Please reach out to Danielle Wadsworth to set this up. Training can be offered if needed.

Requirements include an email that is accessible to more than one individual.

- Community event/outing
  - Individual County Support for end-of-year events

- Mental Health Day at the Fair did not have enough engagement to move forward
    - We will partner with each County for their end-of-year event
  - Ideas for the Counties that do not have events planned:
    - Books
    - Movie tickets
    - Attend LAC Meeting to say Thank You
    - Engage Drop-in Centers
- Region V+ AMHI update
  - Consumer and Community Partner Survey: Please take 6-minute survey if you haven't already  
Mental Health Partner: <https://www.surveymonkey.com/r/RXDPRDD>  
Mental Health Consumer: <https://www.surveymonkey.com/r/QFH8JSJ>
  - Mini Grants:
    - Mini Grant deadline was Friday, August 22<sup>nd</sup>. This is the second and final round of mini grants for 2025. Stay tuned for 2026 mini grant offerings.
- Regional LAC Bylaws:
  - Conflict Resolution Clause workgroup  
Heather Clements Stanley, Denise Rathey, Janet Karnes, and Danielle Wadsworth

**Workgroup reports:**

- **Succession Planning:**
  - Determining best route to take for document storage after gaining feedback regarding website options.
  - Researching Google Drive, workspace vs personal
- **Awareness/Event Planning**
  - **Brochures**  
Brochures are completed and available for use for upcoming meetings and events
  - **Event materials**  
Needing an affordable and accessible storage location for event materials:
    - *Franklin Arts Center*
- **Rebuilding relationships with County Commissioners**
  - Danielle will pull workgroup back together to continue this great work.

**Upcoming events/trainings:**

**Adjourn:** Denise Rathey motion to adjourn the meeting at 7:15pm. Heather Stanley second the motion. All in favor, none opposed. No further discussion. Motion carried.