

Regional Local Advisory Committee (LAC) Meeting Minutes

Thursday, July 17th, 2025

1:00-2:30pm

This meeting was held hybrid.

Convene: 1:05pm

Attendees:

In-person:

Janet Karnes

Katie Brennan

Denise Rathey

Jode Freyholtz-London

Deanna Burke

Heather Clements Stanley

Kathy Hallbeck

Virtual:

Brad Vold

Arlene Selander

Amy Tudor

Rebecca Person

Minutes of 5/15/25 Regional LAC Meeting:

Denise Rathey made a motion to approve the May 15th Regional LAC Meeting Minutes. Heather Stanley seconded the motion. All in favor, none opposed. No further discussion. Motion carried.

Public Comments:

Cass County Sober Walk took place. There were 160 attendees.

New business:

- Aitkin County LAC Presentation: Arlene Selander-Petals of Peace Drop-in Center
 - Arlene Selander opened Petals of Peace Drop-in Center in January 2025
 - It is located:
209 Minnesota Ave N
Aitkin, MN 56431
 - Activities/events at Petals of Peace: Aitkin LAC, CAPS, Mental Health Awareness event in May, Lunch & Learn, community office space, legal aid kiosk, Monday movie meet ups (beginning July 21st),
- Community events/outings
 - Mental Health Day at the MN State Fair: August 25th
 - Please take the survey sent by Danielle Wadsworth to express interest in attending this event.
Mental Health Day at the MN State Fair Interest Survey:
<https://www.surveymonkey.com/r/LPFJBMW>
- Region V+ AMHI update
 - Consumer and Community Partner Survey

Please take 6 minutes to complete the survey below if you haven't already:

Partner Survey: <https://www.surveymonkey.com/r/RXDPRDD>

Consumer Survey: <https://www.surveymonkey.com/r/QFH8JSJ>

- Mini Grant:
Deadline to submit your application for the Region V+ AMHI mini grant is August 22nd.
See attached for details.
All questions should be directed to Danielle Wadsworth
- Regional LAC Bylaws:
 - Conflict Resolution Clause: Denise Rathey motions to approve writing a conflict resolution policy for the Regional LAC. Heather Stanley seconds the motion. All in favor, none denied. No further discussion. Motion carried.
 - Cass County LAC
- State LAC Updates
- NAMI Updates

Workgroup reports:

- **Succession Planning**
 - **AMHI Website: building out the LAC landing page on the AMHI website. Working with Strateligent to begin this work.**
 - **Zoom link: Each County will receive a Zoom Pro license to utilize. This will be distributed the week of July 28th-August 1st**
- **Awareness/Event Planning**
 - **Brochures are completed and available for distribution. Contact Danielle Wadsworth if you need any brochures.**
 - **QR Code: being built.**
- **Rebuilding relationships with County Commissioners**
 - **On pause until the Fall**

Adjourn: Denise Rathey motioned to adjourn the meeting at 3:20pm. Heather Clements Stanley second the motion. All in favor, none opposed. No further discussion. Motion carried.